

**BLUE LINE/Build Out rule**  
**Updated 02/21/2020**

1. Build out Line/Blue Line is drawn halfway between the penalty box line and center line.
2. **Offsides: The offsides line is still the center line.**
3. When keeper catches the ball, the following are the rules to put back in play:
4. The other team now must get behind the blue line and the keeper can put the ball back in play once they get there in the following ways.
  - a. ...Can roll ball underhand
  - b. ...Can throw ball overhand
  - c. ...Can put on the ground where they catch (must be in place and not rolling) and kick the ball.
    - i. If the keeper rolls the ball then kicks it themselves before another player touches, then it is treated as a double touch and becomes an indirect free kick from the spot of the second kick.
    - ii. If the keeper puts the ball on the ground to kick it, the ball is then immediately live.
  - d. The other team cannot cross the blue line until the keeper's teammate has touched the ball or the ball crosses the blue line.
  - e. Note Goal kicks are done with the same rules except the ball would have to be kicked.
  - f. The keeper can no longer punt the ball.
5. If quick start when Keeper catches.
  - a. If the keeper decides to put the ball back in play with a quick kick or quick throw and defending team has not been allowed to get behind the blue line, then the ball is immediately live.